



STEPS TO A SUCCESSFUL TRAINING

BEFORE THE TRAINING

- Plan time for this training – you will need about an hour from start to finish. This includes the video (or web)-based lesson and the hands-on practice.
- If using the training dolls, RECRUIT adult helper(s) – one for every training doll you are using – they will be needed for the hands-on practice.
 - All leaders and helpers should** go through the Leader’s Script and practice with the training dolls, if you are using them, to be sure you can properly demonstrate and help your participants.
- Make sure you have the necessary equipment to show the DVD or online video to your group
- Make copies of the: **Student Surveys** and **Letters to Parents** for each student

DAY OF TRAINING

- Get materials ready for distribution.
- Set up equipment and do a test run with student video from the link on our website: <https://heimlichheroes.com/resource-library/> or use the DVD that you received.
- FOLLOW LEADER’S SCRIPT**

AFTER THE TRAINING

- Fill in the printable certificate of completion on the Leader Packet page of your choice.
- Print the certificates and distribute.
- Get more feedback from your students through the **Student Survey**. Email or distribute to your students. Use this to address any questions they may still have about how to help a choking person.