



Quick Facts

Hero:

Andrew Plaitis

Age:

Adult

Saved:

Restaurant Patron

"It was really a spontaneous thing, a split second, like Batman"

**-Richard Holmes,
Co-Owner of
Juicy Lucy**

EVERYDAY HERO STORIES:

Some Heroes serve Barbecue

Andrew Plaitis knows his way around a restaurant. He has made a career out of opening restaurants, but he also has a side gig as a Heimlich Hero. Some lovingly compare him to "Batman" in the way he quickly swoops in like the masked hero to save the day. To date, Plaitis has performed the Heimlich Maneuver a whopping FIVE times!



On this occasion, he was in his newly opened restaurant called "Juicy Lucy" in Ocean Breeze. They specialize in barbecue, but some guests get a taste of heroism as well.

On a Monday Night, a family of five was enjoying their meals when suddenly an elderly man in the family started to choke. Plaitis jumped in immediately after seeing the commotion to administer the Heimlich Maneuver.

"I went behind the guy, he was a bigger guy, older man, I just picked him up, gave him one shot and the food came out," Plaitis explained.

The restaurateur remarked that he never received formal training on how to perform the life saving maneuver, but that he saw it done on TV.

Andrew is overjoyed that he was able to save the life of someone in his restaurant.

"He was happy. He said I am happy and I am breathing."

The restaurant owners now plan on training every single one of their staff members to learn how to do the lifesaving technique.