



Quick Facts

Hero:
Eden Bartz

Grade:
6

Learned Skill:
From her dad

Saved:
First grade student

EVERYDAY HERO STORIES:

Lunchroom Laughs

Blaze Lee had a good laugh when his friend put some Jell-O on her nose during lunch.

But he also had a mouthful of corn when he started laughing at the funny sight. The corn got lodge in his windpipe and he began to choke.

Eden Bartz, a sixth-grader assigned to help in the lunchroom, knew just what to do.

She wrapped her arms around Blaze and performed the Heimlich Maneuver, dislodging the corn and saving his life.

“He sat down like nothing happened,” said Eden. “But I was terrified, shaking. It took until lunch was over before I stopped.”

Eden learned the maneuver from her dad, who had described how her mother performed it on him when he was choking.

“I visualized it when he was telling me, and I remembered,” said Eden.

Eden was awarded a North Dakota Peace Officers Association Lifesaver’s Award for her heroic actions.



Blaze Lee and Eden Bartz

**“I was terrified,
shaking.”**

- Eden