



Quick Facts

Hero:
Frank Nevarez Jr.

Grade:
5

Learned Skill:
Boy Scouts

Saved:
Classmate

"I kind of turned around and he was like turning bright red, you couldn't even see his pupils, so I got behind him and I did a Heimlich."

- Frank

EVERYDAY HERO STORIES:

A Life Saved

Frank Nevarez Jr. saved the life of his classmate. He heard screaming in the cafeteria and when he looked up, he saw someone choking.

Thanks to his first aid training in Boy Scouts, he knew just what to do.

Nevarez's classmate's face was turning red and began to look like he was going to pass out.

Frank performed the Heimlich maneuver immediately, even before teachers could race up to reach the choking child.

"He told me that after three compressions, it kind of came up in his mouth," Frank said.

"He was about to pass out, so I had to do it immediately. If I'd waited any longer, he would have probably been on the floor."

The school board honored Frank, and he's on a mission to get the schools to teach all children what he learned in Scouts, to teach everyone the Heimlich maneuver.

"People would call me a hero, but I honestly don't consider myself one. Because anyone could have done it," if only they knew how. "I'd actually like to see if there are classes that every person could take. That way, *they* could do it. So, Frank will meet with the Superintendent of Fayette County Schools and, thanks to Frank, may end up giving all students a lifetime, life-saving skill.



Frank Nevarez Jr.