



Quick Facts

Hero:

Janise Faerber,
Third Grade Teacher

Age:

Adult

Saved:

Evelynn Otter,
Student

“When we finished, Evie and I, we just hugged each other and there was a flood of relief, you know, just joy!”

-Janise

EVERYDAY HERO STORIES:

Teacher Saves the Day

Janise Faerber has been teaching at St. John's Lutheran school for 35 years. However, in all the years she has taught, she had never used the Heimlich Maneuver until now.



During lunch, one of her students began choking on her sandwich. Mrs. Faerber noticed right away and rushed over to help. She paused and called for backup at first, but then took matters into her own hands. She began administering the Heimlich Maneuver. On just the second thrust given to Evelynn's abdomen, Janise was able to eject the food from her airway.

Janise reflects that “When we finished (Evie and I), we just hugged each other and there was a flood of relief, you know, just joy!”

Evelynn's mother, Nicole Otter, praises Mrs. Faerber saying "Mrs. Farber, for 10 years I have been astounded by the job you do teaching and educating even the toughest child with ease," Otter wrote in a letter. "You have taught all 4 of my children and we could not ask for a more perfect teacher. You, however, are more than my child's teacher, you are our hero."

From all of us at Heimlich Heroes™, we thank you for your dedication to every aspect of your students' wellbeing. You truly are a Heimlich Hero!