



Quick Facts

Hero:

Josiah Barrera

Grade:

5

Learned Skill:

TV Show,
"Chicago Med"

Saved:

Best Friend,
Max Miller

EVERYDAY HERO STORIES:

A Life Saved

Josiah Barrera saved the life of his best friend, Max Miller.

One of their friends told a joke and Miller accidentally inhaled his food and choked.

Miller began coughing and turning red and grabbing his neck. Barrera didn't hesitate...

He performed the Heimlich on his friend right away.

Barrera saw the maneuver performed on a TV show called "Chicago Med."

Even seeing the maneuver performed is enough to replicate it.

Barrera followed his instincts and saved his best friend's life! Read the full story [here](#).



Josiah Barrera and Max Miller