

## **Quick Facts**

Hero: Mariyah Carter

Grade:

4

Learned Skill: Heimlich Heroes

Saved: Classmate, Ryan

*"I was scared and couldn't talk or breath; people told me my face was purple."* 

- Ryan

## **EVERYDAY HERO STORIES:**

## A Friend to the Rescue

Fourth grade classmates Mariyah and Ryan received Heimlich Heroes training at Taylors Creek Elementary School.

Ryan choked on a chunk of bread while eating lunch. Because they both received the Heimlich Heroes

training, Mariyah knew exactly what to do. Ryan indicated he was choking by pointing to his neck. She

asked him if he was choking,



Mariyah Carter and Ryan Lippy

walked around the table and performed the Heimlich Maneuver on him.

"Mariyah saved my life," said Ryan. "I think all kids and adults should know how to do the Heimlich."

As part of the schools ongoing curriculum, Heimlich Heroes is taught to all fourth and fifth graders at Taylors Creek.

Mariyah was later honored by the Liberty County Board of Education. She was awarded a certificate for her quick thinking and heroic action.