



Quick Facts

Hero:
Morgan Brownlee

Age:
12-years old

Learned Skill:
In a babysitting class

Saved:
Lily Milsom, a girl she
was babysitting

“I had to do the Heimlich on her...it scared me, but I knew exactly what to do”

- Morgan

EVERYDAY HERO STORIES:

Babysitter saves choking child

When 4-year-old Lily Milsom began choking her 12-year-old babysitter, Morgan Brownlee, stayed calm and acted quickly, saving her life.

Brownlee was babysitting Lily and her brother when the choking incident occurred. Lily started coughing while eating dinner, then her face turned red and she stopped coughing.

“I knew she had stopped breathing,” said Brownlee.

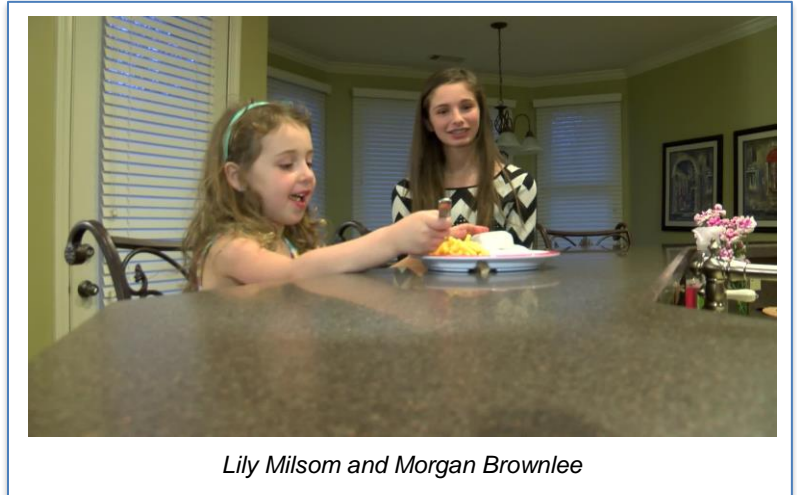
With no landline and a cell phone that wasn't working,

Brownlee had no choice but to jump into action.

“I had to do the Heimlich Maneuver on her,” said Brownlee. “It scared me, but I knew exactly what to do because the babysitting class I'd taken taught me what to do.”

It took six thrusts to dislodge the food from Milsom's airway.

“It was scary because you don't always know who you can trust to stay with your children,” said Sue Milsom, Lily's mother. “We always knew Morgan was a really good babysitter.”



Lily Milsom and Morgan Brownlee