



Quick Facts

Hero:

Zach Jenson

Grade:

8

Learned Skill:

The movie, "Mrs. Doubtfire"

Saved:

Classmate

EVERYDAY HERO STORIES:

When in Doubt, Give a Shout

Zach Jenson saved the life of his choking classmate. He was coming out of the lunchroom when he saw his classmate holding his neck.



Zach Jenson

At first he wasn't sure what he was doing, but quickly realized he was choking.

Jenson performed the Heimlich on his classmate and a piece of hamburger flew out.

Formal training is the best and safest way to learn the Heimlich Maneuver- but that's not the only way!

Jenson learned the maneuver from the movie, "Mrs. Doubtfire." Just seeing how the maneuver should be performed was enough for Jenson to use it.

His quick action saved a life!